



Kalamazoo County Ready 4s

Introduces LifeWorks Telemedicine: Talk
to a doctor anytime, anywhere!



KC Ready 4s wants to help you take care of you
and your family's wellbeing! We are offering a
new corporate health benefit called **LifeWorks
Telemedicine!**

**LifeWorks Telemedicine is a virtual healthcare platform that
offers:**

- **24/7 access** to board-certified doctors nationwide
- Easy access via the **LifeWorks App or website**
- The ability to connect to a doctor in **5 minutes or less** (on average)
- Visits for you and your dependent(s) at **no cost**
- **Safe and convenient care** (no need to travel to and from the doctor's office)

How LifeWorks Telemedicine Works:

1. Visit LifeWorks via the mobile app or website, go to the Life section of the app, and click on the Telemedicine Quick Link.
2. Set up an account with First Stop Health.
3. Request a visit. You will have the option to download the First Stop Health app, or access the meeting from the web browser.
4. Talk to a doctor in less than 5 minutes. A doctor will call your phone directly or join on a video call on the mobile app or website.
5. Get a diagnosis and treatment plan in minutes. Your doctor will listen to your symptoms, diagnose your issue, and provide a treatment plan. If your issue cannot be treated virtually, your doctor will advise you on next steps to take.